

Join us for a . . .

Weekend Retreat

Friday, Sept. 8 — 6:30 p.m. thru
Sunday, Sept. 10 — 2:00 p.m.



***Caring for Ourselves: Balancing our lives
through the guidance of equine and human coaches***

— FOR PROFESSIONALS IN THE MENTAL HEALTH FIELD —

At Crossing Life's Bridges, LLC, Windom, MN

No horse experience is necessary to benefit. You will not ride the horses.

This really
helped me get
out of my head
and come back
to the center of
my spirit.
#

— PATRICIA L.

The horses found
the joy deep
inside my heart
and gave me
permission to let
go of my pain.
#

— STEPHANIE M.

This is your time . . .

- To unwind, connect, stretch, and grow.
- To be listened to, cared for, and supported in the present moment.
- To explore and experience being in the healing presence of horses.

For details and registration, visit our **Events** page at —

www.crossinglivesbridges.com



Contact —

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